

Otter Swimming and Water polo Club

Safe Swimming/polo

QMSC

This document sets out the club rules put in place to ensure club members safety regarding COVID 19.

The rules have been compiled using the clubs risk assessment and guidance from Swim England as well as pool operators pool rules.

You should ensure you make yourself familiar with the rules for the pool you are attending as each pool will have its own rules.

Failure to comply with the rules may lead to you and/or the club being asked to leave.

General Rules

- If you are feeling unwell you should not attend the session no matter how much you want too
- Always ensure you physical distance
- You should arrive pool ready (with your cossie on under your clothes)
- You must follow the rules of the pool and enter and exit the pool by the designated door
- You must use your won pool buoys, kickboard, fins which must be rinsed in pool water at the start and end of the session
- Swimmers do not congregate at end of the pool
- Polo players not to tackle others in the pool

Pool Rules

Entry to the building is via	Via the main entrance
You will leave your bags and clothing:	On the poolside
After session you can/cannot use changing rooms	Changing rooms will be available
After session you can/cannot use showers	Showers will be available, but the preference is not to use them
You will leave the building via	Via the exit next to the diving pit or back door as directed by centre staff